

2nd Annual NCNY Ministry Fair

**Thursday evening, May 29
beginning at 7:00pm, in the West Ball-
room of the Holiday Inn**

This event is open to all persons attending Annual Conference, and all others who have an interest in these ministries under the umbrella of the NCNY Lay Ministries Area; invite a friend to join you in hearing what these ministries offer. All who have been touched through these teams find their faith lives enriched. Here is the tentative schedule of those who will be presenting a glimpse of what their organizations/ministry teams offer to the members of ALL AGES of the North Central New York Conference and beyond.

7:00 pm –Committee On Native American Ministry (CONAM) Sharon Schmit and team members will offer ways for how you can celebrate Native American Sunday in your local church and community.

7:20 pm United Methodist Women (UMW) Ruth Dietrich will share information on the upcoming Christian Mission Event to be held the weekend of July 18-20 on the grounds of Cazenovia College; and other ways the UMW continues to empower women to be in ministry around the world.

7:40 pm Conference Council on Youth Ministries (CCYM) - Maddie Horrell, Chair, Cayla Griffin, YSF Chair, Erin Patrick, Secretary share what CCYM is all about and how it reaches the youth of our conference and the world. Come find out what YSF means!

8:00 pm Older Adult Ministries (OAM) – Gennett Timlin and members of the OAM team will tell you about exciting ways to be in ministry with Older Adults, and to ways to encourage older adults to experience new pathways of service to Christ.

8:20 pm United Methodist Men (UMM)
– Did you know that this year marks the 100th Anniversary of Men's groups in the United Methodist Tradition? Join Ed Enstine and others as they tell of the good news the men around our conference have been sharing by words and deeds in the name of Jesus Christ.

8:40 pm Lay Speaking “Lay Speaking is more than just speaking!” Come join Carol Keller to learn more about this exciting avenue of ministry, and deepening your own call as a Christian Disciple.

9:00 pm Walk to Emmaus – Curious about this group's commitment to our Lord? Want to know what it means to be a member of Emmaus and how you can become part of this fellowship of UM Christians? Perhaps you want to know about Chrysalis, their ministry for youth. Join Jeff Aiosa, Emmaus' Spiritual Director and others for a time of information and praise.

ALSO ON THURSDAY EVENING – two other areas under the Lay Ministries are offering the opportunity to learn more about their ministries:

The Commission on Religion and Race is sponsoring a dinner at Clay Trinity UMC Thursday evening beginning at 5:00pm

AND the **Safe Sanctuaries Team** is offering a one evening training for persons interested in keeping their local church a safe place for children to interact appropriately with adults and being a place where the building provides them with safe space. AT Liverpool First from 7 pm – 9:30 pm

See the Conference registration forms to sign-up for these events.

ProCheck Health Screening is FREE for ALL NCNY Conference Clergy at ANNUAL CONFERENCE

Friday & Saturday
May 30 & 31 – 6:30 to 9:30 am

Ballroom East – First come first served — Help us plan by indicating your intent to participate on the Conference Registration form.

Fasting after midnight the night before screening is recommended

If in HealthFlex, bring your ID card – this screening counts as a wellness exam for the Incentive Program!!

ProCheck for Health
Sponsored by HealthFlex
ProCheck Health Screening Information

The ProCheck Health Screening is a comprehensive panel of the tests that screen for risks related to:

- Heart disease, stroke,
- Diabetes,
- Kidney or liver disease,
- Thyroid disorders,
- Anemia or iron overload disease,
- Prostate cancer

The Panel of Tests Included in the 2008 Health Screening are as follows:

- Homocysteine (elevated levels of this protein can contribute to heart disease)
- hsCRP (indicate heart risk and other inflammatory conditions)
- Complete Metabolic Panel +2 (glucose, electrolytes, kidney function, etc)
- Lipid Panel (total cholesterol, triglycerides, HDL, LDL and ratios)
- Liver Panel (liver function test)
- Ferritin (iron overload or anemia)
- TSH (thyroid function)
- Occult Blood (colon abnormalities)
- Hemoglobin A1C (to detect pre-diabetic and diabetic conditions)
- PSA (prostate abnormalities)

What the screening does not include:

- Vision testing
- Hearing testing
- Weight or Body Mass Index (BMI) measurement
- Anything else not identified above